

## Spreyton Primary - Curricululm Intent Statements

PE PE					
Our Values					
Passion	Pride		Positivity		Perseverance
Children ask <b>questions</b> and can make connections in their learning. They are able to learn in different ways, using their <b>imagination</b> and <b>enthusiasm</b> to develop their skills and are reflective in their learning. The children will develop a passion for keeping fit and healthy by participating in a range of activities such as dance, gymnastics and ball sports provided by teachers supported by expert coaches.	The children take <b>pride</b> in the work they produce and want it to be the best they are capable of. They want to <b>share</b> their work with others through class sharing, displays and presentations.  The children will want to display their skills in PE by competing in the wider school community and sharing their work in dance and gymnastics at events such as the summer fair.		The children can work together to <b>share</b> ideas and support each other. They can add their ideas and listen to the ideas of others with <b>respect.</b> We believe the children should lead healthy and active lives. Through their time at school, they will learn a range of skills and knowledge to follow a healthy lifestyle.		The children are <b>self-motivated</b> and <b>independent</b> learners. They can use support materials around the classroom to improve their work. Children will work hard to make progress with their physical skill. They understand that practise is vital to improvement and show stamina and determination to acquire and perfect skills.
Building a Range of Skills Children will develop competence to excel in a broad range of physical activities They will have opportunity to engage in competitive sports and activities.		Regular prolonged Engagement Children are physically active for regular sustained periods of time.		Staying Healthy and Fit Children will learn the elements needed to lead healthy, active lives.	
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At Spreyton Primary school, we believe all children should lead a healthy, active live. Through their time at school children have the opportunity to build skills and knowledge in a range of physical competences. Working alongside qualified coaches, teachers provide lessons which help the children progress in basic skills and ability to work together as a team in games. Children compete within our *school community* and our *wider community* with links to the learning community for all year groups. Through residence trips children get the chance to experience other sports within water, climbing and more adventurous activities. We use the grounds at Copplestone Primary School to provide a forest experience which help develop their *team work* as well as the opportunity for physical development in an informal environment. We also use the fantastic environment we have on our doorstep with regular walks on the moor, for physical activity and well-being.

Children are taught the importance of a healthy lifestyle. They learn and experience the way we can keep our body and mind healthy by considering the foods we eat, keeping hydrated as well as keeping active. They begin to understand how these elements can help us keep our mind healthy. They recognise the importance of regular physical activity and being outside and how it improves of feelings of happiness and mental well-being.